# PRE-SERVICE TEACHERS' ANXIETY IN TEACHING PRACTICUM

(A case study of Pre-service Teachers at *Syekh Nurjati* Cirebon State Islamic Institute)

## **A THESIS**

Submitted to English Language Teaching Department of *Tarbiyah* and Teacher Training Faculty of *Syekh Nurjati* Cirebon State Islamic Institute In Partial Fulfilment of the Requirement of Undergraduate Degree



ROBBY ARIESTA Reg. Number 1908103080

# ENGLISH LANGUAGE TEACHING DEPARTMENT *TARBIYAH* AND TEACHER TRAINING FACULTY *SYEKH NURJATI* CIREBON STATE ISLAMIC INSTITUTE

#### ABSTRACT

Robby Ariesta. 1908103080. Pre-service Teachers' Anxiety in Teaching Practicum (A case study of Pre-service Teachers at *Syekh Nurjati* Cirebon State Islamic Institute).

Students who were performing teaching practicum may face some problems. One of them is feeling of anxiety while teaching practicum. This study was to describe the sources of anxiety experienced by EFL pre-service teachers in teaching practicum and strategies used in dealing with anxiety. This study used a case study and qualitative method was chosen to explain the data deeply. The participants of this study were three seventh semester students of an English language teaching department at Syekh Nurjati Cirebon State Islamic Institute. This study used interview, observation, and documentation as a research instrument to gain the data. Data analysis technique used Miles, Huberman, and Saldana's theory. The result of this study showed that anxiety is caused by several sources, namely teaching inexperience, self-perception of language proficiency, fear of negative evaluation, lack of student's interest, and difficulty with time management. Besides that, three strategies used by EFL pre-service teachers in dealing with their anxiety, namely (1) personal strategies (relaxation, behavioural, physically), (2) professional strategies (self-management skill, learning style), and (3) institutional strategies (support from supervising teacher, support from lecturer teacher, and support from PPL friends). Based on the findings of this research, the author provides advice to EFL pre-service teachers' who will carry out teaching practicum are expected to prepare well before following field experience practice, so that they can deal with their anxiety well during teaching practicum. It is also recommended that further research in the same area can be conducted with increasing the number of respondents, and for institutions are expected to prepare prospective teacher candidate as well as possible.

Keywords: EFL pre-service teachers', anxiety, teaching practicum.

#### APPROVAL

#### PRE-SERVICE TEACHERS' ANXIETY IN TEACHING PRACTICUM

**Submitted By:** 

Robby Ariesta Reg. Number 1908103080

Submitted to English Language Teaching Department of *Tarbiyah* and Teacher Training Faculty of *Syekh Nurjati* Cirebon State Islamic Institute in Partial Fulfilment of the Requirements for Undergraduate Degree

**Approved By:** 

**The First Supervisor** 

Nur Antoni E.T. SS, M.Hum. NIP. 19720717 200912 1 001 **Second Supervisor** 

Muhsiyana Nurul Aisyiyah, M.Hum. NIP. 19900312 201903 2 012

#### **OFFICIAL NOTE**

The Head of English Language Teaching Department *Tarbiya*h and Teacher Training Faculty of *Syekh Nurjati* Cirebon State Islamic Institute In Cirebon

Assalamu'alaikum Warahmatullahi Wabarakatuh

After guiding, analyzing, briefing and correcting the writing of Robby Ariesta with registered number 1908103080 entitled "PRE-SERVICE TEACHERS' ANXIETY IN TEACHING PRACTICUM", we think that his thesis can be offered to be presented to the English Language Teaching Department, *Tarbiyah* and Teacher Training Faculty, *Syekh Nurjati* Cirebon State Islamic Institute.

Wassalamu'alaikum Warahmatullahi Wabarakatuh

Cirebon, 18 July 2024

**The First Supervisor** 

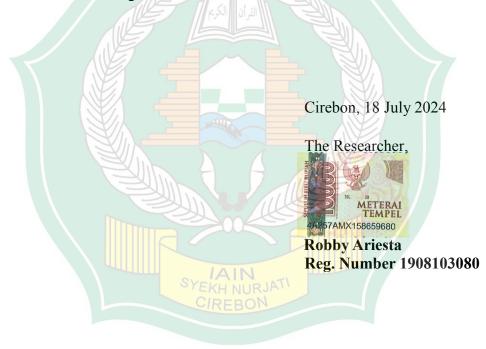
Nur Antoni E.T. SS, M.Hum. NIP. 19720717 200912 1 001 Second Supervisor

Muhsiyana Nurul Aisyiyah, M.Hum. NIP. 19900312 201903 2 012

#### **LETTER OF AUTHENTICITY**

#### Bismillahirrahmanirrahim

I acknowledge that this thesis entitled "**PRE-SERVICE TEACHERS**' **ANXIETY IN TEACHING PRACTICUM**" from my own results, with citations and references from reliable sources, with an appropriate and scientific writing style. This letter of authenticity is based on facts. I am responsible for everything that might happen in the future, if I am proven to have violated the ethics of scientific writing.



#### RATIFICATION

This thesis which is entitled "**PRE-SERVICE TEACHER'S ANXIETY IN TEACHING PRACTICUM**" written by Robby Ariesta, with registered number 1908103080, has been examined on October 10<sup>th</sup>, 2024. It has been accepted by the examiners as one of requirements for Undergraduate Degree in English Language Teaching Department at *Tarbiyah* and Teacher Training Faculty, *Syekh Nurjati* Cirebon State Islamic Institute.

	Date	Signature
The Head of English Language Teaching Department Dra. Hj. Amroh Umaemah, M.Pd. NIP. 19661214 199303 2 003		el -
NIP. 19001214 199505 2 005	15-01-2005	1/
The Secretary of English Language Teaching Department Hendi Hidayat, M.Pd. NIP. 19860113 201503 1 002	15-01-2025	2 gas
Supervisor I Nur Antoni E.T. SS, M.Hum. NIP. 19720717 200912 1 001	21-11-2024	. Th
Supervisor II Muhsiyana Nurul Aisyiyah, M.Hum. NIP. 19900312 201903 2 012	26-11-2024	MM
Examiner I H. Farouk Imam Arrasyid, M.Pd.I., M.Pd. NIP. 19830420 200901 1 009	19-11-2024	74-
Examiner II Edy Waloyo, M.Pd. NIP. 19830407 201503 1 002	19-11-2024	200
Acknowledged By The Dean of <i>Tarbiyah</i> and Teacher Tr <i>Syekh Nurjati</i> Cirebon State Islam		
tententerian ac gar		

H. Satuddin, M.Ag

MA ISLAM NEGER

#### DEDICATION

Alhamdulillah for His mercy and grace, I can finally finish this thesis. We always offers our prayers and greetings to the Prophet Muhammad SAW, for the struggle of him and his friends, now we can experience knowledge as we feel today. I want to dedicate this writing to the people who mean a lot in my life...

#### For Papa & Mama

I would like to say thank you very much to Papa (Mr. Soedjono) and Mama (Mrs. Siti Aisyah) who always provide prayers, love, affection, and support. God willing, I hope this will be the first step to make Papa and Mama happy. Also, thank you for always motivated and advise me to be a better person. May Allah always blees both of you.

#### For Sister & Brother

To Cici (Jeniussa La Rose, SE.Sy) and Koko (William Austin, S.E) thank you for all the attention and help you have given me so far. I will always remember everything your kindness. Sorry that your little brother can't be what you expected. But I will always try to be the best.

#### For Brother In-law

To my brother in-law (Nono Hartono, S.Pi., M.Si) thank you for all forms of assistance that you have given me. All the directions that you have given can become experience for future life.

#### **For Cousin**

To my cousin (Ahmad Saefuloh) thank you so much for being friend hanging out every night, sharing life experience, and always say "gas cikarang". I wish it could be a good lesson for me.

#### **For Supervisors**

For my supervisors, Mr.Nur Antoni E.T. SS, M.Hum and Mrs. Muhsiyana Nurul Aisyiyah, M.Hum, I would like to thank you very much for your time and guidance, so that I can complete this thesis.

Cirebon, 18 July 2024

Robby Ariesta Reg. Number 1908103080

#### **AUTOBIOGRAPHY**



Robby Ariesta was born on the 7<sup>th</sup> of March 2001 in Mandala village, Dukupuntang Cirebon. The writer is the youngest of three children born of Mr. Soedjono and Mrs. Siti Aisyah. The author started his education at TK Bincarung Pasawahan in 2006-2007 and continued to SDN 3 Pasawahan in 2012-2013. Then, continued his education at SMPN 1 Pasawahan in 2013-2016, and continued his education at SMAN 1 Mandirancan in 2016-

2019.After that, the author decided to continue his formal education at IAIN Syekh Nurjati Cirebon in 2019 (UIN Cyber Syekh Nurjati Cirebon) now. The author chose the English Language Teaching Department with the determination to understand a language widely used by the world's population (International Language) and wanted to expand formal knowledge. Thank you very much to Allah who has given his blessings on the author as well as the great and strong motivation from parents and siblings, so that the author was able to complete his thesis assignment and at the same time complete his undergraduate education at UIN Cyber Syekh Nurjati Cirebon. In the last, I would like to say thank you very much, may Allah reward me with goodness for the completion of this thesis entitled "Pre-service Teachers' Anxiety in Teaching Practicum" at Syekh Nurjati Cirebon State Islamic Institute.

## мотто



You may think that education is not important after you experienced it.

#### ACKNOWLEDGMENT

Praise to the presence of Allah SWT, who has given mercy and guidance, so that the writer can finish this thesis entitled "Pre-service Teacher's Anxiety in Teaching Practicum" smoothly. This thesis was written as one of the requirements to complete the final assignment in order to obtain a Bachelor of Education degree in the English Language Teaching Department, *Tarbiyah* and Teacher Training Faculty at *Syekh Nurjati* Cirebon State Islamic Institute.

Respect and gratitude the author gives to Mr. Nur Antoni E.T. SS, M.Hum as the first supervisor, and Mrs. Muhsiyana Nurul Aisyiyah, M.Hum as the second supervisor, with their guidance and direction the writer was able to complete this final project, and also to all the lecturers majoring in English Education who have guided the writer for about more 5 years studying here, as well as the writer's comrades who have provided a lot of support and motivation for her. Finally, the writer realizes that this thesis is still far from being perfect, therefore the writer hopes for suggestions and constructive criticism for the perfection of this thesis, and hopefully this thesis will be useful for the writer and his surroundings both now and in the future.

Thank you and my best regards to my supervisors who have patiently guided me until the completion of this thesis. Then, for my brothers and sisters who always care and remind me of the importance of education. I would like to say thank you.

Cirebon, 18 July 2024 The Researcher

Robby Ariesta Reg. Number 1908103080

#### PREFACE

In the name of Allah SWT, the most gracious and the most merciful, who has bestowed his favours and gifts on all of us, without his help this thesis would not have been completed on time, shalawat and greetings are poured out to our lord the prophet Muhammad SAW, we look forward to intercession at the end of the day.

The research entitled "PRE-SERVICE TEACHERS' ANXIETY IN TEACHING PRACTICUM" was made as one of the requirements for the final project in order to obtain a Bachelor's degree in English Education study program at the *Syekh Nurjati* Cirebon State Islamic Institute.

The researcher realizes that this thesis is so far from perfect, therefore the researcher needs suggestions and constructive criticism from colleagues. The researcher hopes that this thesis will be useful for English education majors, the surrounding community and for themselves both, now and for the future.

Cirebon, 18 July 2024

The Researcher

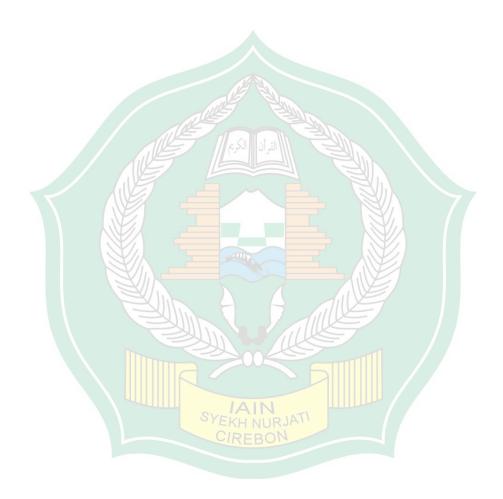
Robby Ariesta Reg. Number 1908103080

### **TABLE OF CONTENT**

ABSTRACT	i
APPROVAL	ii
OFFICIAL NOTE	iii
LETTER OF AUTHENTICITY	iv
RATIFICATION	
DEDICATION	v
AUTOBIOGRAPHY	vii
МОТТО.	
ACKNOWLEDGMENT	ix
PREFACE	
TABLE OF CONTENT	
LIST OF TABLES	
LIST OF FIGURES	
LIST OF APPENDICES	
CHAPTER I INTRODUCTION	
1.1 Background of the Research	1
1.2 Identification of the Problem	
1.3 Limitation of the Problem	
1.4 Research Questions	
1.5 Aims of the Research	
1.6 Significance of the Research	
CHAPTER II	
2.1 Definition of Pre-service Teacher	
2.2 Definition of Anxiety	7
2.2.1 Levels of Anxiety	9
2.2.2 Factors that Causes Anxiety	
2.3 Teaching	11
2.3.1 Teaching Practicum	
2.3.2 Teaching English as Foreign Language	
2.3.3 Teaching Media	

2.3	.4	Teacher Role	16
2.3	.5	Students Role	18
2.4	De	finition of Field Experience Practice (PPL)	20
2.4	.1	Legal Foundation	22
2.4	.2	PPL Vision and Mission	22
2.4	.3	PPL Program	23
2.4	.4	Objectives of Field Experience Practice (PPL)	23
2.4	.5	Field Experience Practice Model	24
2.5		lationship among Variables	
2.6	Pre	evious Studies	27
2.7	Fra	ame of Thought	39
СНАРТ		III RESEARCH METHOD	
3.1	Re	search Design	42
3.2	Da	ita Sources	
3.4	.1	Primary Data	
3.4	.2	Secondary Data	43
3.3		ace and Time of the Research	
3.4	Re	search Variables	43
3.5	Da	ta Collection Technique	44
3.6		Interview	44
3.6	.2	Observation	45
3.6	.3	Documentation	45
3.6	Re	search Instruments	46
3.7	Da	ta Analysis Technique	48
СНАРТ	ΈR	IV FINDINGS & DISCUSSION	50
4.1	Fir	ndings	50
4.1	.1	Sources of pre-service teacher anxiety in teaching practicum	50
4.1	.2	Strategies of dealing with anxiety in teaching practicum	55
4.2	Di	scussion	61
СНАРТ	ΈR	V CONCLUSION	67
5.1	Co	nclusion	67
5.2	Su	ggestion	67

REFERENCES	. 70
APPENDICES	. 74



## LIST OF TABLES

Table 2.1 Previous Study Results	35
Table 3.1 List of informant's name	44
Table 3.2 Interview Guidelines	46
Table 3.3 Observation Guidelines	46
Table 4.1 Observation result pre-service teacher 1	50
Table 4.2 Observation result pre-service teacher 2	51
Table 4.3 Observation result pre-service teacher 3	52



## LIST OF FIGURES

Figure 2.1 Theoretical Framework of Pre-service Teacher's Anxiety
Figure 3.1 Qualitative Data Analysis Process



## LIST OF APPENDICES

Appendix 1 Thesis Guidance Card	75
Appendix 2 Supervisor's Decision Letter	76
Appendix 3 Research Cover Letter	77
Appendix 4 Research Approval Letter	78
Appendix 5 Research Instrument	82

